

# Meetings

WHEN: Second Friday of every  
Month.

\*(Extra meetings for event planning, ect).

TIME: 1.00pm—2.20pm.

WHERE: Conference Room  
Dubbo City Council  
Darling Street, Dubbo.

## 2010 DATES

12 March 2010.

9 April 2010.

14 May 2010.

11 June 2010.

9 July 2010.

13 August 2010.

10 September 2010.

8 October 2010.

12 November 2010.

10 December 2010.



For enquiries/information about the  
Wambool Aboriginal Suicide Prevention  
Team please contact committee members:

Chairperson: Yvonne Toepfer  
Phone: 8922 9095 or  
0411 128 769

Vice Chairperson: Allan Hall  
Phone: 6841 3852

'Wambool Aboriginal Suicide Prevention  
Team' is **NOT** a crisis service.

If you are having thoughts of suicide and  
need to talk to a counselor, please phone  
[LIFELINE on 13 11 14.](tel:131114)

\*This is a free service.\*



*This Network is part of the  
National Suicide Prevention  
Strategy supported by the*



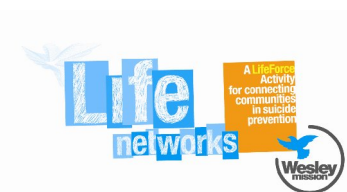
Australian Government  
Department of Health and Ageing

# WAMBOOL

## ABORIGINAL SUICIDE PREVENTION TEAM



A network of concerned people,  
individuals & workers from  
community, organizations, &  
government agencies, with a  
role or interest in Suicide  
prevention.



# Acknowledgements



Aboriginal Elders  
Allira Child Care  
Carers NSW  
Housing NSW  
Interrelate

Dept. Ageing, Disability & Homecare

Dept. Education & Training

Dubbo City Council

Dubbo Community Working Party

Dubbo Family Support Service

Dubbo Men's Shed

Catholic Health Care Community Services

Dept. Community Services, Child & Family

Commonwealth Respite & Carelink

Mission Australia

NALAG National Association for Loss & Grief

Richmond Fellowship

Schizophrenia Fellowship

Dubbo Police Service

Dubbo Women's Housing Program

Greater Western Area Health Service

Community Health

Community Mental Health

Mental Health Drug & Alcohol

Lifeline

Sureway Employment & Training

Thubbo Aboriginal Medical Service

The tragedy of suicide within rural communities in Australia is well acknowledged. The rate of suicide among Indigenous people may be as much as “four times higher than the rates for non-Indigenous Australians” in major cities (Aust. Institute of Health and Welfare, 2007). And suicide among young Aboriginal males has increased alarmingly over the past 30 years (Cantor et al 1998).

## What is the Wambool Team?

The Wambool Team is an independent community based committee working toward change in Dubbo and the region west of Dubbo.

## What will the Wambool Team do?

Work with concerned members to raise awareness, empower individuals and provide education to help reduce the impact of suicide in the communities of the western region.

The aims of the Network Team are:

- To enhance information resources for the community
- To promote emotional and spiritual wellbeing
- To promote easier access for families to find help and support.
- To maximise community resources by identifying gaps in services or information
- To help reduce the stigma surrounding suicide



## Some helpful contact numbers:

Community Mental Health Services  
6841 2200

Mental Health Emergency Contact  
1800 011 511

Lifeline Just ask  
1300 13 11 1

Kids Help Line  
1800 551 800

Dubbo Base Hospital  
6885 8666

Western Aboriginal Legal Service  
6885 8999

Thubbo Aboriginal Medical Service  
6884 8211