

## Contacting a Centre

By simply phoning a national freecall telephone number 1800 052 222\*, you will be connected to your nearest Centre.

You can obtain information over the phone, by mail, fax or e-mail.

If you require information about services in another region, your call can be transferred to any other Centre around Australia, free of charge.

Alternatively, visit one of the many shopfronts established around Australia.

To find out where your nearest shopfront is located, simply FREECALL™ 1800 052 222\* or visit [www.commcarelink.health.gov.au](http://www.commcarelink.health.gov.au)

**To contact your local  
Commonwealth Respite  
and Carelink Centre call**

**FREECALL™  
1800 052 222\***

## Commonwealth Respite and Carelink Centres

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You can also find out where your nearest Centre is located by visiting the website:

[www.commcarelink.health.gov.au](http://www.commcarelink.health.gov.au)

For emergency respite support  
outside standard business hours call  
FREECALL 1800 059 059\*.

Deaf, hearing impaired or speech impaired callers may call through the National Relay Service using their modem or TTY by dialling 1800 555 677 then asking for 1800 052 222. Speech impaired callers may also call through Speech-to-Speech Relay by dialling 1800 555 727 then asking for 1800 052 222.

If you need an interpreter to contact your nearest Centre, telephone the Translating and Interpreting Service on 131 450

Commonwealth Carelink Program  
Australian Government Department of Health and Ageing  
GPO Box 9848, Canberra City, ACT, 2601

\* Calls from mobile phones are charged at applicable rates.

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## Commonwealth Respite and Carelink Centres

## Your Link to Living Independently

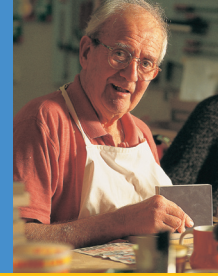


**FREECALL™  
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## What is a Commonwealth Respite and Carelink Centre?



## Getting information



## Providing a crucial link



To help you live independently in your own home, Commonwealth Respite and Carelink Centres provide free information about community aged care, disability and other support services.

Centres have local knowledge about:

- the range of services available and how to contact them
- who is eligible to receive the services
- whether there are any costs associated with receiving the services, and
- aged care assessment services for access to Community Aged Care Packages or entry into aged care homes.

Your nearest Centre has information about the following services in your region:

- household help, home modification and maintenance
- personal, nursing and respite care
- transport and meal services
- disability services
- day care and therapy centres
- assessment, including Aged Care Assessment Teams
- special services for dementia
- continence assistance
- support for carers
- Community Aged Care Packages
- aged care homes
- a range of allied health care (eg. podiatry, physiotherapy etc), and
- support groups.

The information provided by Centres makes it easier to find care and support to continue to live independently in your own home.

### Who can use this service?

The Commonwealth Respite and Carelink Centre information service can be used by anyone, including:

- older Australians
- people with disabilities
- their families and carers
- general practitioners, and
- other service providers.

### Respite Services

Centres can coordinate access to respite services in your local area and work with you to plan approaches to respite and other support needs. Centres can also help to arrange emergency respite care. For emergency respite support outside standard business hours phone Freecall 1800 059 059\*.

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