

# Commonwealth Respite and Carelink Centre Inner West

The Commonwealth Respite and Carelink Centre in the Inner West is a vital link to:

- Accessing free information on and referral to community support services available in the Ashfield, Burwood, Canada Bay, Canterbury, Leichhardt, Marrickville and Strathfield local government areas
- Arranging emergency and short term respite for carers

## Who is a Carer?

A carer is a family member, friend or neighbour, who provides regular and sustained care for someone who is frail aged, someone who has a disability, a chronic condition or a mental illness.

## What is Respite?

Respite is short term care that allows the carer to have a break from their caring role. Respite can be a few hours in the home, a day out, a night, or longer if in a care facility. Respite can also mean providing care in times of emergency if a carer is hospitalised or ill.

## Who can access Respite?

Carers are assessed for their eligibility for respite and to ensure that individual needs are met. The Commonwealth Respite and Carelink Centre is funded to service specific target groups as listed overleaf.

- Carers of the frail aged
- Carers of people with dementia
- Carers of people with end stage palliative care needs
- Carers of people with disabilities
- Ageing Carers
- Carers of people with a mental illness
- Carers of people with autism
- Carers of people with intellectual disabilities
- Young Carers under the age of 25
- Aboriginal & Torres Strait Islander Carers
- Carers from culturally and linguistically diverse backgrounds (CALD)

## How do I access the Centre?

For information and respite phone free call

FREECALL™

**1800 052 222\***

\*calls from mobiles are charged at applicable rates

**Emergency respite can also be accessed via this number outside of business hours**

If you need an interpreter to contact us telephone the Translating and Interpreting Service on 131 450

Visit our shop front at:

**44 Liverpool Road  
Summer Hill NSW 2130**

**Office hours Monday to Friday: 9am – 4.30pm**

For more information visit: [www.wesleymission.org.au/crcc](http://www.wesleymission.org.au/crcc)



Commonwealth Respite  
and Carelink Centre, Inner West,  
is an activity of Wesley Mission

An Australian Government Initiative