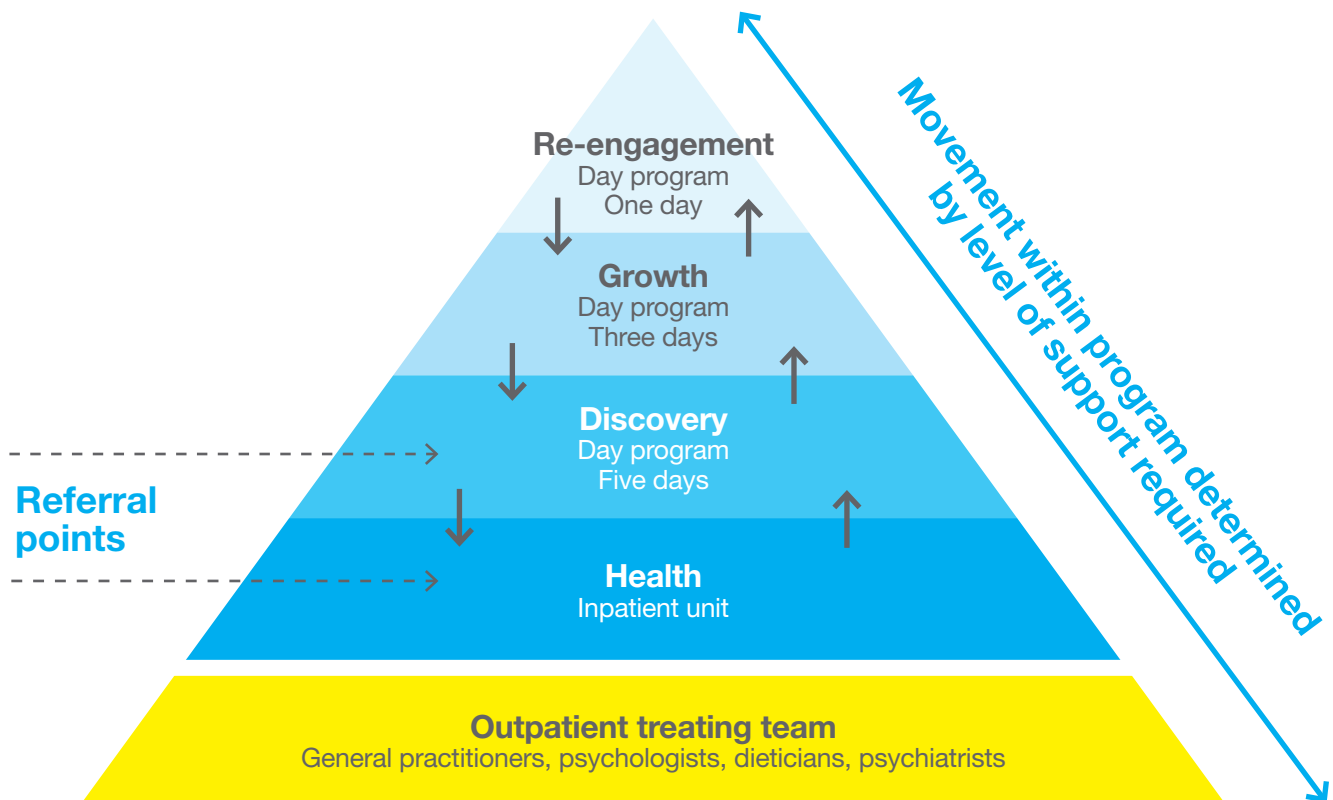




Wesley Hospital

Wesley Eating Disorders Centre



Program Summary

- The Wesley Eating Disorders Centre offers a continuum of care spanning inpatient and day patient treatment options for people with eating disorders.
- Our aim is to help the person re-establish healthy eating behaviour, normalise to a healthy weight and re-engage with a life outside of their eating disorder in a safe and therapeutic environment.
- The program is delivered by a specialist multidisciplinary team who collaborate with external outpatient clinicians in order to achieve the best possible outcomes towards recovery.
- The program recognises collaboration with the outpatient treating team as vital to recovery. In the day program in particular the patient is encouraged to see external health professionals.

General Admission Criteria

Inpatient admission:

- BMI > 12.5
- relative physical stability: HR > 45bpm
- BP > 90/60 mmHg, Temp > 35.5
- no severe electrolyte disturbance or ECG changes that required acute medical intervention.

Day program admission:

- BMI > 15
- medical stability
- no major psychiatric co-morbidity that would interfere with treatment.

Management

- Please discuss any concerns with the Admissions coordinator.
- If patient cannot be managed in inpatient unit due to physical or psychiatric instability, then transfer to a more appropriate setting may be required.

For referral enquiries, please contact our admissions coordinator on (02) 9716 1442

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