



December 2025

Knock knock



Chaplain's Message

What is the best Christmas gift you have ever received?

Did you receive this when you were young or was it just recently? Some gifts are definitely more memorable than others. I remember one gift not because it was good but because in my mind it was so bad. When I was very young the only grandparent I had gave me a can of lychees once for Christmas. I was only 5 or 6 and I just looked at the can wondering what it was and why she gave me that to me. I quickly just passed into my mum and don't think I ever saw that again.

The other end of the spectrum is, I am no longer 5 or 6. I am currently visiting a man in a nursing home, he was a former resident of Wesley Mission's crisis centre, Edward Eagar Lodge. I normally take him lunch, from the lunch we provide the group I run on Thursdays. He thoroughly enjoys this. His response is 'its not nursing home food, this food has taste'. His health has declined and he is now in palliative care within the nursing home. He has not been eating and he is now in and out of consciousness.

What do you think would be the best Christmas gift he could receive at this time?

Wouldn't it be life! Life in a place where everything is provided, life from his deteriorating aging body? That's what Christmas reminds me of. The birth of Jesus! God's son into this world so we can have life, what an incredible gift. Life forever in God's kingdom. This is what Jesus say

'The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full (John 10:10)

That is God's gift to this world, that is the best gift anyone could ever receive, that is the gift my friend in the nursing home wants.

As I pray and speak to my friend in the nursing home, I know he would want to shed his aging body, I know he would want to have the gift of life that Jesus offers. My prayers my hope for him is in the promise that he will receive this if his heart has turned to Jesus, the greatest gift of all. Life!

Sure beats a can of Lychees, don't you think?



Bread & baked bean pudding

Budget Meal

This recipe makes for a wonderful, easy and budget-friendly meal. Transform your pantry staples into a delicious and comforting weeknight treat.

Bread & baked bean pudding

Ingredients:

3 cups full cream milk

4 eggs

6 slices multigrain bread

840g baked beans in tomato sauce

125g light tasty cheese, grated

60g baby spinach leaves

Method:

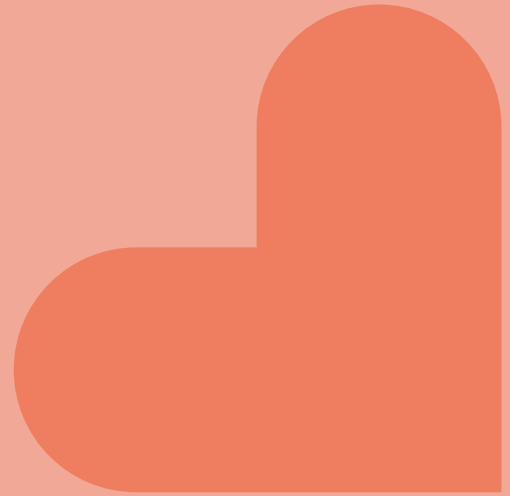
1. Preheat oven to 220°C/200°C fan forced. Grease a 2-litre rectangular ovenproof dish.
2. Add milk and eggs to a large bowl and whisk until well combined.
3. Roughly tear the bread and arrange in your dish.
4. Pour milk mixture evenly over bread and let sit for 5 minutes.
5. Spoon baked beans over the top, then sprinkle with cheese.
6. Bake for 35 minutes or until just set at centre.
Stand for 5 minute and serve with spinach.

Tip: If you have a community garden, have a look at what's growing and add seasonal veggies to your pudding or use as a garnish!

Doing all the good we can

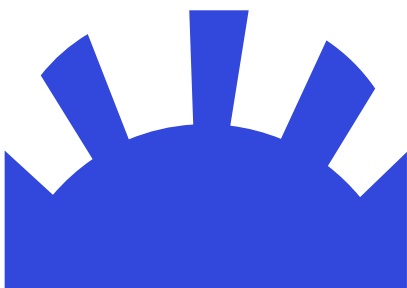
Celebrating good neighbours

Shout out to David and Rodney, who haven't been with us long, but have gone above and beyond in graciously giving their time and sharing their wisdom in Gardening and Cooking – we appreciate your work!



Thank you: Community Partners

Wesley Community Housing would like to extend a massive thank you to the staff at J&J Barber Shop, Hoxton Park for volunteering their time to provide free haircuts for our tenants in Southwest Sydney.



Emergency Kit

In Australia, we are exposed to natural disasters like floods and especially bushfires at this time of year. It is important to be prepared for a natural disaster or any emergency.

Having a grab and go bag means having easy access to the items that can help keep you safe. Keep a bag of essentials ready-to-go in an accessible location.

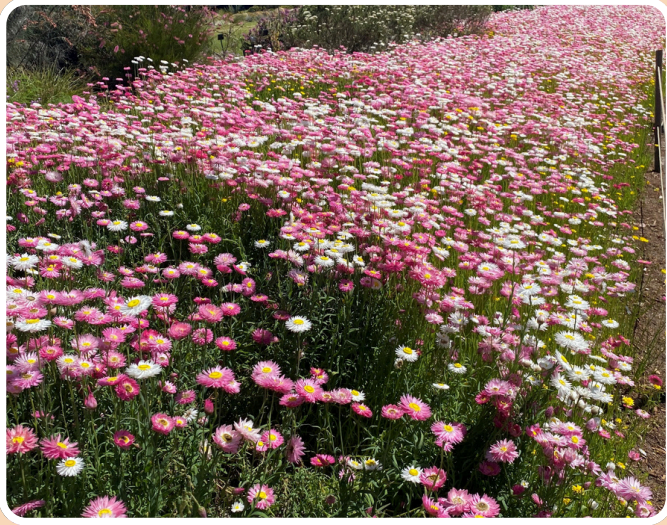
GRAB & GO BAG EMERGENCY SURVIVAL KIT



In your community: Community Engagement



In your community: Community Engagement



Need a Hand with Home Organisation?

At Wesley Mission Community Housing, we understand that keeping your home comfortable and organised can sometimes be a challenge. To make things easier, we want to remind tenants that we can assist with items that help improve day-to-day living.

If you are in need of:

- Furniture (such as chairs, tables, or shelving)
- Storage tubs or containers
- Wardrobes or cupboards
- Small household essentials to help with organisation

Our team will be happy to discuss what options may be available and guide you through the process. By working together, we can ensure your home remains a place of comfort, safety, and pride.

You are welcome to contact us to enquire about what support may be available.

Call us on 1800 770 602

Email us at communityhousing@wesleymission.org.au

Our operations over the holiday period

Wesley Community Housing will continue to operate over the holiday period but with minimal staff. On public holidays and after hours, call 1800 770 602 and listen to the voicemail for instructions. The team at Wesley Community Housing would like to wish you and your loved ones a blessed and safe holiday period.



Christmas Events

Rising Artists Art Exhibition

30 Nov – 25 Dec

Location: Ground Floor 220 Pitt St., Sydney

Christmas Day Lunch

Date: Thursday 25 December

Time: 12pm

Location: Wesley Centre 220 Pitt St., Sydney

Wesley Connect

Mid-Week Activities

Time: 10am–2pm Tuesdays & Wednesdays

Location: Wesley Church

Ground Floor 220 Pitt St., Sydney

Contemporary Indonesian language service

Wesley Agape Indonesian

Location & Times:

Wesley Theatre 1pm Sundays

Wesley Church 6pm Sundays:

Ground Floor 220 Pitt St., Sydney

Contemporary English–language service

Time: 10am Sundays

Location: Wesley Theatre– Ground Floor 220 Pitt St., Sydney

Contemporary English–language service

Wesley CityHeart

Time: 1pm Sundays

Location: Smith Room– Ground Floor 220 Pitt St., Sydney

Contemporary Mandarin–language service

Wesley Chinese

Time: 10am Sundays

Location: Lyceum Theatre– Ground Floor 220 Pitt St., Sydney

Traditional English–language service

Wesley Praise & Preaching

Time: 10:30am Sundays

Location: Wesley Theatre

Ground Floor 220 Pitt St., Sydney

Did You Know?

Did you know Wesley Mission offers over 100 support services across New South Wales? If you or someone you know needs support, reach out. We're here to help.

Have you had a gutful of gambling? If you're struggling with gambling, take the first step out of it with Wesley Mission. Call 1300 827 638 to speak to one of our gambling counsellors.

Wesley Financial Counselling: Free, independent and confidential face-to-face counselling to help you navigate financial stress and manage your money more effectively. Call 1300 827 638

Helpful contacts

Lifeline (24/7 crisis support)
13 11 14

Emergency services (Police, Ambulance and Fire)
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Police (non-emergency)
131 444

1800 RESPECT (for people impacted by sexual assault, domestic violence or abuse)
1800 737 732

Beyond Blue (for depression and anxiety)
1300 224 636

GambleAware Helpline
1800 858 858

MensLine Australia (24/7 telephone counselling support for men)
1300 78 99 78

Butterfly Foundation (Free, confidential counselling and referral for people with eating disorders and body image issues)
1800 334 673

