



Wesley Mental Health

Wesley Hospital

Our services



‘Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can.’

Mission

Continuing the work of Jesus Christ in Word and deed

Wesley Mission is an organisation with a long tradition of doing all it can to help those suffering with mental illness. Today, we continue that work thanks to the variety of world-class research based treatment programs offered at our Ashfield and Kogarah hospitals.

Keith V Garner

Rev Dr Keith V Garner
Superintendent/CEO



Wesley Hospital has been delivering high quality specialist mental health care to people in need of psychiatric help for more than half a century. We operate private hospitals in two locations, Ashfield and Kogarah.

Our reputation for providing the highest level of compassionate health care relies on the expertise, research and achievements in psychiatric care provided by our experienced team of health professionals.





At Wesley Hospital we offer quality treatment programs and support to ensure positive outcomes for our patients, their family and carers.

Wesley Hospital treatment programs

	Ashfield	Kogarah
alcohol dependence	✓	✓
drug addiction	✓	✓
depression	✓	✓
anxiety	✓	✓
borderline personality disorder	✓	✓
psychosis	✓	✓
eating disorders	✓	✗
electroconvulsive therapy	✗	✓
mood disorder	✓	✓
schizophrenia	✓	✓
personality disorder	✓	✓
post-traumatic stress disorder	✓	✓

Wesley Hospital facilities

	Ashfield	Kogarah
rooms with TVs	✓	✓
garden seating areas	✓	✓
chapel	✓	✓
separate dining room	✓	✓
sitting rooms	✓	✓
meeting rooms	✓	✓
on-site kitchen	✓	✓
gym with instructor	✓	✓
games room	✓	✓
recreation facilities	✓	✓

Treatment programs

At Wesley Hospital, you will find some of the latest and most effective treatment programs available, individually tailored to achieve real results for you, our patients. We offer a comprehensive range of inpatient and day patient programs, including:

Alcohol dependency and drug addiction

Our widely respected inpatient programs offer the facilities, the people and the experience to help you not only detox safely, but also learn tools and strategies needed to avoid relapse.

We also offer regular day programs and 12-step meetings, ensuring our patients always have a place to turn for compassionate support.

Depression and anxiety

For people with depression and anxiety, we offer the very latest in clinical, psychological and psychiatric treatments, delivered via our inpatient and day programs.

Borderline personality disorder

As one of the first organisations to offer a real solution for patients with borderline personality disorder, Wesley Hospital continues to set the standard in dialectical behaviour therapy. We are particularly proud of the work we do assisting those with lifelong mood regulation difficulties to achieve a sense of balance in their lives.



Veterans service-related trauma and post-traumatic stress disorder

With extensive experience in the area of service-related trauma and post-traumatic stress disorder, we offer tailored programs to help veterans of all ages to overcome trauma and improve their quality of life.

Eating disorders

The Wesley Eating Disorders Centre is one of the most highly regarded in Australia, producing many of today's leading experts in the field. The team at Ashfield are exceptionally passionate about their work, not to mention the results they achieve for their patients.

This program is only offered at Wesley Hospital Ashfield.



Electroconvulsive therapy treatment (ECT)

Wesley Hospital Kogarah is a leading centre of ECT research and state-of-the-art contemporary ECT treatments. Led by international expert, Professor Colleen Loo, treatment options include the use of ultra-brief pulse stimulation to tackle chronic mental illness.

Patients receiving this new form of ECT have shown incredible results from these highly researched treatments, and often report minimal memory side effects.

This program is only offered at Wesley Hospital Kogarah.



Wesley Hospital Ashfield

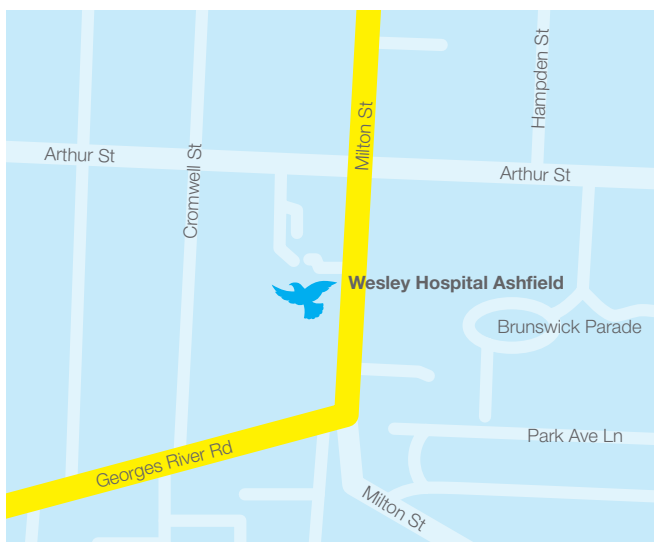
Our 38 bed hospital at Ashfield in Sydney's inner west offers a wide range of both inpatient and day patient programs for a variety of conditions.

Patients of the hospital enjoy spacious and comfortable residential style accommodation, surrounded by leafy gardens and courtyards.

How to find us

Wesley Hospital Ashfield is located close to Ashfield's main shopping centre and is only a 15 minute walk from Ashfield train station and other public transport services.

If you are driving, we have a patient and visitor car park on site via Arthur Street. In addition, there is street parking available around the hospital.



Wesley Hospital Kogarah

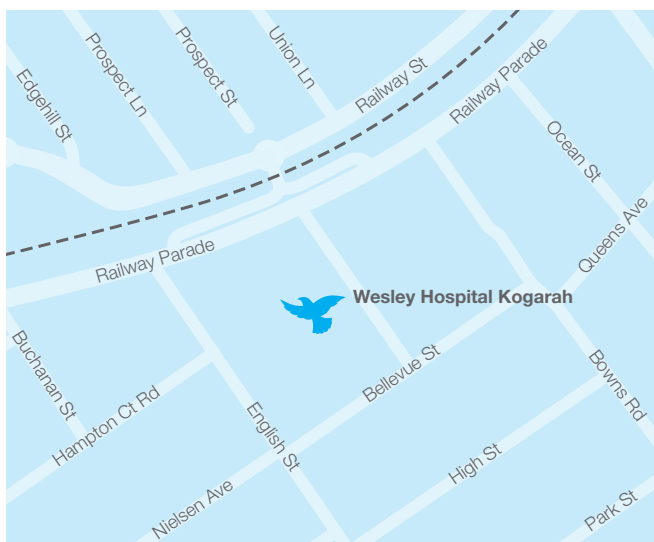
Our 30 bed hospital at Kogarah in Sydney's south offers an extensive range of inpatient and day programs aimed at people needing mental health care for a diverse range of issues.

Patients of the hospital enjoy spacious and attractive home style accommodation in leafy surrounds.

How to find us

Wesley Hospital Kogarah is conveniently located within walking distance of the local shopping precinct, cafés, and is only a 10 minute walk from Kogarah and Carlton train stations and other public transport.

If you are driving, we have a patient and visitor car park via Blake Street. In addition, there is street parking available around the hospital.



Patient information

Wesley Hospital Ashfield and Kogarah is a private mental health hospital. Access to our hospital and services is available via referral which you can obtain from your general practitioner, psychiatrist, psychologist or counsellor.

If you are not privately insured and wish to pay for your own treatment our staff will be happy to discuss the payment policy with you.

Consulting rooms

Appointments can be made to see a psychiatrist at our consulting rooms without the need for hospital admission. A referral from a general practitioner is required.



Admission and assessments

Admission and assessments to treatment programs are offered at both hospitals.

Upon admission you will be met by one of our qualified triage admission nurses (an experienced psychiatric nurse) who will work with our doctors to make your admission as easy and stress free as possible.

Visitor information

For the convenience and privacy of our patients there are some restrictions on visiting hours in our mental health unit. Staff will advise these details upon admission.





**For more information
about our programs
call 1300 924 522.**

wesleymission.org.au

Wesley Mission services

For over 200 years our commitment to our Christian faith has guided us to create long-term holistic solutions that address the needs of the whole person, not just their current challenges.



Wesley Congregational Life



Wesley Family



Wesley Youth



Wesley Seniors



Wesley Foster Care Services



Wesley Disability Services



Wesley Homeless Services



Wesley Counselling Services



Wesley Mental Health Services



Wesley Carer Services



Wesley Help at Home Services



Wesley Employment, Training & Conferences



200
YEARS
Pioneering care

Contact us

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91 Milton Street, Ashfield NSW 2131
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Wesley Hospital Ashfield Clinical Education Facility
91 Milton Street, Ashfield NSW 2131
Ph 1300 924 522

Wesley Hospital Ashfield Consulting Rooms
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Wesley Hospital Kogarah
7 Blake Street, Kogarah NSW 2217
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Get involved

To volunteer, donate or leave a bequest visit
wesleymission.org.au

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Superintendent/CEO: Rev Dr Keith V Garner

ABN 42 164 655 145 Wesley Mission is a part of the Uniting Church in Australia.

Do all the good you can because every life matters