



Wesley Out of School Hours Care policy

Sun Protection

1. Purpose

Wesley Out of School Hours Care (Wesley OOSH) aims to balance the risk of skin cancer from too much sun exposure with maintaining adequate vitamin D levels in children. We aim to take a sensible approach to sun protection in our service that empowers children to take responsibility for their own health and wellbeing.

2. Scope

This policy applies to the staff, children, families and visitors of Wesley OOSH as required by the following Regulations and Standards.

National Quality Standard

QA2	2.1	Each child's health and physical activity is supported and promoted
QA3	3.1	The design of the facilities is appropriate for the operation of a service
QA3	3.2	The service environment is inclusive, promotes competence and supports exploration and play-based learning

National Regulations(r)

r100	Risk assessment must be conducted before excursion
r114	Outdoor space - shade

My Time, Our Place

LO3	Children have a strong sense of wellbeing
LO4	Children transfer and adapt what they learned from one context to another

3. Policy statement

Wesley OOSH aims to ensure that all children in attendance at the service are protected from harmful rays of the sun. All staff will model appropriate sun protection behaviour and enforce the sun protection policy.

Evidence suggests that childhood exposure to UV radiation contributes significantly to the development of skin cancer in later life. Ultraviolet (UV) radiation cannot be seen or felt and can be high even on cool and overcast days. This means our educators will teach children not to rely on clear skies or high temperatures to determine the need for sun protection and provide them resources and materials that will reinforce this message and assist children to understand the complexities of their environment.

Strategies for teaching sun protection in the service will be based on children actively practicing and monitoring their own implementation of sun protection strategies as active



learners. This will include children having opportunities to access UV alerts and monitoring the exposure to the sun of both themselves and their peers.

Our service believes that educating children about UV radiation will have a major impact on reducing their chance of developing skin cancer in later life.

Related documents and sources

⇒ NSW Cancer Council sun protection guidelines

4. Responsibility and policy owner

The policy owner is the General Manager, Wesley Health, Conferences and Education. The owner is responsible for implementing the policy and achieving the desired outcomes. Wesley OOSH staff shall adhere to this policy.

5. Consultation & Approval

This policy has been developed in consultation with the Program Manager, Wesley OOSH, Senior Coordinator, Wesley OOSH, Area Coordinator/s, Wesley OOSH, Centre Coordinator/s, Wesley OOSH & the Quality, Risk and Compliance Specialist, Wesley Conferences and Recreation.

This policy has been approved by General Manager, Wesley Health, Conferences and Education.