



Wesley Vocational Institute

RTO Code 90091

CHC43415 – Certificate IV in Leisure and Health

Course details

Information session:	Pre – Recorded
Course Commencement:	TBA March 2024 – July 2025
Course duration:	16 months
Face to face workshops:	Every 3 rd Monday 4pm - 8pm
Location:	Virtual Classroom
Work experience/placement:	Minimum 120 hours
Trainer:	Sasha Dinic



[Enrol by scanning QR Code](#)

About the course

The Certificate IV in Leisure and Health (CHC43415) is a great qualification for anyone who enjoys helping people across activities that improve their well-being. You'll learn how to work with a range of clients with high needs such as people with a disability or elderly people. The course covers all aspects of planning and implementing health programs and leisure activities in both individual and group settings

The course is a great choice for people who have good communication skills, are passionate about health and enjoy helping other people.

This qualification reflects the role of workers participating in the design, implementation and evaluation of leisure, health activities and programs for the clients in one or more sector areas. Workers may be in residential facilities and/or in community agencies and day centres, completing specialized tasks and functions in relation to leisure and health. While workers are responsible for the own outputs, work is carried out under direct or indirect supervision within defined organisations guidelines.

Who should enrol

Individuals currently employed within an Aged Care or Disabilities environment and wanting to obtain a Certificate IV in Leisure and Health (CHC43415) qualification in support of their work.

Learning outcomes

Successful completion of this course will enable you to gain a nationally accredited qualification in an industry which offers a broad range of opportunities to progress your career, with a number of genuine opportunities currently available to work in lifestyle coordinator, activity recreation officer or diversional therapist roles

- Students will learn to practice team leadership through group participation. Students will examine their own and others' intrinsic and extrinsic motivations as leaders
- Students will develop a comprehensive set of practical skills and tools to rely on through leadership practice.
- Students will develop and understanding of change processes and be able to think critically about obstacles to change
- Students will learn how to communicate effectively (using written and spoken word, non-verbal language, electronic tools and listening skills) to develop relationships, manage conflicts and work across differences

Attendance, study load and student support

You will be required to:

- Attend all Online Virtual delivery (including simulated activities), this includes 3 hours every 3 weeks throughout the 16-month program (excluding course breaks).
- Participate in learning activities; readings, case studies, projects, quizzes, self-paced learning and other tasks including individual research in your own time (approximately 8-10 hours per unit of competency for the average learner)
- Undertake theory and practical assessment activities (approximately 20-25 hours per unit of competency).

Details and expectations of activities will be provided in individual training plans. Student support is available at the end of each class. Scheduled support sessions will also be available if required.

Work experience/placement

To successfully complete this course and gain hands on experience you must complete a minimum of 120 hours of work placement, within a suitable workplace. Suitable workplace include residential aged facilities, respite care facilities, day care centres, home care environments, community support settings, rehabilitation services and refuges.

- Your assessments will be contextualized to your current workplace, you may be asked to complete a project relevant to your current employment.
- Your Trainer/Assessor may undertake skills an observation assessment at appointed intervals throughout your training.

Assessment

Assessments will include a range of activities including role plays, simulations, written tasks, oral questions, projects and recorded observations in the workplace or simulated environments.

Entry requirements

Wesley Vocational Institute has set the following entry requirements for enrolment in this course:

- Employed within Inasmuch or aged care sector in relevant position.
- Proof of employment status - position description and/or resume.
- Be an Australian/New Zealand citizen or Australian Permanent Resident
- NSW residency or employed by NSW employer
- Satisfactory level of English language, literacy and numeracy.
- Ability to commit to attendance and the study load for this course.
- IT literacy and reliable computer and internet access.

** Due to the duty of care requirements of service providers, individuals with disclosable court outcomes may not be given access to services for the purpose of completing their work experience – please consider this prior to enrolling. If you wish to have a confidential discussion regarding this matter, please contact our office via the details provided below.*

Course fees

This training is subsidised by the NSW Government. Student fees may apply.

See www.smartandskilled.nsw.gov.au for further information and contact us to find out if you are eligible for fee concessions.

How to apply

Step 1: Use the link provided to complete an enrolment enquiry. If you have any questions, please email: Michelle.Konstandaras@wesleymission.org.au or phone Michelle Konstandaras on (02) 4231 8200 or Sonia Lyon on 0437 906 087

Step 2: The WVI Course Advisor will provide you with your Smart and Skilled notification, advising your subsidised status.

Step 3: A WVI representative will advise you if you have been accepted into the course and provide you with your detailed Training Plan.

Step 4: Complete and return enrolment paperwork at the enrolment day.

Step 5: A WVI representative will contact you with additional information to prepare you for your course.

Enrolment documentation

Enroll now by scanning the QR Code:

Enquire/enroll now



Unique Student Identifier (USI) number (apply here usi.gov.au)

Photo ID (e.g. driver's license, photo card, passport)

Medicare card

Proof of eligible welfare payment (e.g. Centrelink income statement – if applicable)

Copies of qualifications to request Credit Transfer (for equivalent units of competencies)

Other important information

Participant numbers for this course are strictly capped to ensure optimal learning conditions.

Please contact us on 1800 676 039 if you have any questions.

CHC43415 – Certificate IV in Individual Support - Ageing

CHCCOM002 Use communication to build relationships	HLTAAP002 Confirm physical health status
CHCDIV001 Work with diverse people	CHCDIS003 Support community participation and social inclusion
CHCLAH001 Work effectively in the leisure and health industries	CHCAGE001 Facilitate the empowerment of older people
HLTWHS002 Follow safe work practices for direct client care	CHCCCS025 Support Relationships with carers and families
CHCLAH002 Contribute to leisure and health programming	CHCHAGE005 Provide support to people living with dementia
CHCLAH003 Participate in the planning, implementation and monitoring of individual leisure and health programs	CHCCCS020 Respond effectively to behaviour of concern
CHCLAH004 Participate in planning leisure and health programs for clients with complex needs	CHCMHS001 Work with people with mental health issues
CHCLAH005 Incorporate lifespan development and sociological concepts into leisure and health programming	CHCCCS015 Provide individualised support
CHCPRP003 Reflect on and improve own professional practice	