



Wesley Vocational Institute (WVI)

RTO Code 90091

CHC43415 – Certificate IV in Leisure and Health

Course details

e-Information session:	<u>Click here or Scan QR code to register for an information session before enrolling</u>
Course dates:	May 2024 – September 2025 Mondays every 3 weeks 4pm – 8pm
Course duration:	Approx. 16 months*
Location:	Trainer led virtual classroom and face-to-face
Work experience/placement:	Minimum 120 hours
Trainer/Assessor:	Aleksandra (Sasha) Dinic



*Course duration may be reduced dependent upon industry experience.

About the course

The Certificate IV in Leisure and Health (CHC43415) is a great qualification for anyone who enjoys helping people across activities that improve their well-being. You'll learn how to work with a range of clients with high needs such as people with a disability or elderly people. The course covers all aspects of planning and implementing health programs and leisure activities in both individual and group settings.

The course is a great choice for people who have good communication skills, are passionate about health and enjoy helping other people.

This qualification reflects the role of workers participating in the design, implementation and evaluation of leisure, health activities and programs for the clients in one or more sector areas. Workers may be in residential facilities and/or in community agencies and day centres, completing specialized tasks and functions in relation to leisure and health. While workers are responsible for the own outputs, work is carried out under direct or indirect supervision within defined organisations guidelines.

Who should enrol

Individuals currently employed within an Aged Care or Disabilities environment and wanting to obtain a Certificate IV in Leisure and Health (CHC43415) qualification in support of their work.

Learning outcomes

Successful completion of this course will enable you to gain a nationally accredited qualification in an industry which offers a broad range of opportunities to progress your career, with a number of genuine opportunities currently available to work in lifestyle coordinator, activity recreation officer or diversional therapist roles.

- Students will learn to practice team leadership through group participation. Students will examine their own and others' intrinsic and extrinsic motivations as leaders
- Students will develop a comprehensive set of practical skills and tools to rely on through leadership practice.
- Students will develop an understanding of change processes and be able to think critically about obstacles to change
- Students will learn how to communicate effectively (using written and spoken word, non-verbal language, electronic tools and listening skills) to develop relationships, manage conflicts and work across differences

Attendance, study load and student support

You will be required to:

- Attend all scheduled classes, workshops and simulated activities (6 - 12 hours per unit of competency spanning 12 months);
- Participate in online e-learning and assessment;
- Undertake theory and practical assessment activities (up to an average 20 - 25 hours per unit of competency);
- Undertake self-paced learning activities over 12 months of the program, including readings, case studies, projects, quizzes, individual research in your own time (estimated at 8 - 10 hours per unit of competency for the average learner).

Details and expectations of activities will be provided in individual training plans. Student support is available at the end of each class. Scheduled support sessions will also be available if required.

Work experience/placement

To successfully complete this course and gain hands on experience you must complete a minimum of 120 hours of work placement, within a suitable workplace. Suitable workplaces include residential aged facilities, respite care facilities, day care centres, home care environments, community support settings, rehabilitation services and refuges.

- Your assessments will be contextualized to your current workplace, you may be asked to complete a project relevant to your current employment.
- Your Trainer/Assessor may undertake skills and observation assessment at appointed intervals throughout your training.

Assessment

Assessment will include a range of activities such as written tasks, oral questions and skills demonstration within a simulated and/or actual work environment.

N.B. Students need to be aware of, and consent to video record themselves for the purpose of gathering and submitting workplace assessment evidence relating to specific performance tasks.

Entry requirements

Wesley Vocational Institute has set the following entry requirements for enrolment in this course:

- Be employed within the aged care sector in relevant position.
- Proof of employment status - position description and/or resume.
- Ability to commit to attendance and the study load for this course.
- IT literacy and reliable computer and internet access.
- Australian/New Zealand citizenship, Permanent Resident or Humanitarian Visa holder.
- NSW residency or employed by NSW employer.
- Satisfactory level of English language, literacy and numeracy.

** Due to the duty of care requirements of service providers, individuals with disclosable court outcomes may not be given access to services for the purpose of completing their work experience – please consider this prior to enrolling. If you wish to have a confidential discussion regarding this matter, please contact our office via the details provided below.*

Course fees

This training is subsidised by NSW Government Smart and Skilled Funding and is part of 'NSW Fee Free (NFF) arrangements'. "NFF Jan-Jun 24" indicates the qualification is fee-free for all Smart and Skilled students enrolling from 13/11/2023 and commencing between 01/01/2024 and 30/06/2024. All course material is provided and inclusive.

Visit www.smartandskilled.nsw.gov.au for further information.

How to apply



Step 1: [Click here or scan the QR code to apply.](#)

Step 2: A WVI representative will contact you with information session details.

Step 3: WVI representative will provide you with your Smart and Skilled eligibility notification.

Step 4: Attend WVI information session and complete mandatory language, literacy and numeracy (LLN) assessment.

Step 5: Upon completion of the LLN, a WVI representative will advise if you have been accepted into the course and provide you with your detailed Training Plan.

Enrolment documentation

- Unique Student Identifier (USI) number (*apply here usi.gov.au*)
- Photo ID (*e.g. driver's license, photo card, passport*)
- Medicare card
- Proof of eligible welfare payment (*e.g. Centrelink income statement – if applicable*)
- Copies of qualifications to request Credit Transfer (*for equivalent units of competencies*)

Other important information

Participant numbers for this course are strictly capped to ensure optimal learning conditions. Please contact us on 1800 676 039 if you have any questions.

CHC43415 – Certificate IV in Leisure and Health

CHCCOM002 Use communication to build relationships	HLTAAP002 Confirm physical health status
CHCDIV001 Work with diverse people	CHCCCS015 Provide individualised support**
CHCDIS003 Support community participation and social inclusion**	CHCAGE001 Facilitate the empowerment of older people**
CHCLAH001 Work effectively in the leisure and health industries	CHCCCS025 Support relationships with carers and families**
CHCLAH002 Contribute to leisure and health programming	CHCAGE005 Provide support to people living with dementia**
CHCLAH003 Participate in the planning, implementation and monitoring of individual leisure and health programs	CHCMHS001 Work with people with mental health issues**
CHCLAH004 Participate in planning leisure and health programs for clients with complex needs	CHCCCS020 Respond effectively to behaviours of concern**
CHCLAH005 Incorporate lifespan development and sociological concepts into leisure and health programming	HLTWHS002 Follow safe work practices for direct client care
CHCPRP003 Reflect on and improve own professional practice	

**Elective units of competency are subject to change dependant on industry need

For further information about Wesley Vocational Institute or the courses we offer call 1800 676 039 or visit wesleymission.org.au.

View our Wesley [Mission privacy policy here](#) or [download a copy here](#).

<https://www.wesleymission.org.au/about-us/governance/privacy-and-policies/privacy-policy/>